

THE THIRD & SIXTH HOURS, & TYPIKA

THE THIRD HOUR

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Glory to Thee, our God, glory to Thee.

If Paschaltide, Christ is risen, otherwise: O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere present and fillest all things, Treasury of Blessings and Giver of Life, come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (x3)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O most-holy Trinity: have mercy on us. Lord: cleanse us from our sins. Master: pardon our transgressions. Holy One: visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. (x3)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Lord, have mercy. (x12) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Come, let us worship God our King! Come, let us worship and fall down before Christ, our King and our God! Come, let us worship and fall down before Christ Himself, our King and our God!

PSALM 16

HEAR, O Lord of my righteousness, consider my petition; and hearken unto my prayer that comes not from deceitful lips.

2. Let my verdict come forth from thy presence; and let my eyes look upon righteousness.

3. Thou hast proved and visited my heart in the night-season; thou hast tried me with fire and found no wickedness in me; for I am utterly determined that my mouth shall not offend.

4. I considered the works of men, but by the word of thy lips I have kept, away from the paths of the destroyer.

5. Hold my steps in thy paths, so that my footsteps will not slip.

6. I have called upon thee, O God, for thou shalt hear me; incline thine ear to me, and hearken unto my words.

7. Show thy marvelous loving-kindness, thou who art the Savior of those who put their trust in thee.

8. From those who resist thy right hand, keep me as the apple of thine eye; hide me under the shadow of thy wings, from¹ the ungodly that trouble me.

9. My enemies surround me, desiring to snatch my soul.

10. They are enclosed in their own luxury², their mouths speak proudly.

11. They cast me out and surround me, turning their eyes toward the ground.

12. Like a lion that is greedy for his prey; and as a young lion, lurking in secret places.

13. Arise, O Lord, confront him and bring him down; draw thy sword and deliver my soul from the ungodly.

14. From the enemies of thy hand, O Lord, destroy them from the earth; scatter them who

¹ In modern Bibles and Psalters, verse nine starts with "From the ungodly," however, it seems to belong to verse 8.

² Literally "fat."

take their portion in this life, whose bellies are filled with hidden treasure, and who leave their inheritance for their children.

15. As for me, I will appear in thy presence in righteousness; and when I awake to thy glory, I shall be satisfied.

PSALM 24

UNTO thee, O Lord, will I lift up my soul.

2. My God, I have trusted in thee; O let me not be ashamed, neither let my enemies triumph over me.

3. For all they that hope in thee shall not be ashamed; but those who transgress without a cause shall be put to confusion.

4. Show me thy ways, O Lord, and teach me thy paths.

5. Lead me forth in thy truth, and teach me; for thou art the God of my salvation; in thee is my hope all the day long.

6. Call to remembrance, O Lord, thy tender mercies, and thy loving-kindnesses, for they are from everlasting.

7. Remember not the sins and offences of my youth; but according to thy mercy, remember thou me, O Lord, for thy goodness' sake.

8. Gracious and righteous is the Lord, therefore will he teach sinners *to follow* the way.

9. The meek he guides in judgement; and to those who are gentle, he teaches his way.

10. All the ways of the Lord are mercy and truth, to them that keep his covenant and his testimonies.

11. For thy Name's sake, O Lord, be merciful unto my sin, for it is great.

12. Who is the man who fears the Lord? The Lord shall teach him in the chosen way.

13. His soul shall dwell at ease, and his seed shall inherit the land.

14. The Lord is the strength of them that fear him; and he will show them his covenant.

15. Mine eyes are ever toward the Lord, for he shall pluck my feet out of the snare.

16. Look upon me, and have mercy on me; for I am desolate and in misery.

17. The sorrows of my heart are enlarged; deliver me from my troubles.

18. Look upon my adversity and misery, and forgive all my sins.

19. Consider mine enemies, how many there are; for they bear a tyrannous hate against me.
20. O keep my soul, and deliver me; let me not be ashamed, for I have trusted in thee.
21. The innocent and upright joined themselves to me; for my hope is in thee.
22. Deliver Israel, O God, out of all his troubles.

PSALM 50

HAVE mercy upon me, O God, according to thy great goodness; according to the multitude of thy compassions blot out my transgression.

2. Wash me thoroughly from my wickedness, and cleanse me from my sin.
3. For I know my iniquity, and my sin is ever before me.
4. Against thee only have I sinned, and done evil in thy sight; that thou might be justified in thy saying, and blameless when thou art judged.
5. Behold, I was conceived in iniquities, and in sins has my mother conceived me.
6. Behold, thou loveth truth; thou shalt cause me to understand the secret and hidden things of thy wisdom.
7. Thou shalt purge me with hyssop, and I shall be clean; thou shalt wash me, and I shall be whiter than snow.
8. Thou shalt cause me to hear of joy and gladness; the bones that are broken shall rejoice.
9. Turn thy face from my sins, and blot out all my iniquities.
10. Create in me a clean heart, O God, and renew a right spirit within me.
11. Cast me not away from thy presence, and take not thy Holy Spirit from me.
12. Restore to me the joy of thy salvation, and establish me with thy guiding Spirit.
13. Then shall I teach thy ways to transgressors, and sinners shall return to thee.
14. Deliver me from blood-guiltiness, O God, for thou art the God of my salvation; and my tongue shall sing of thy righteousness.
15. Thou shalt open my lips, O Lord, and my mouth shall declare thy praise.
16. For thou desires not sacrifice, or else I would offer it; and thou finds no delight in burnt-offerings.
17. The sacrifice of God is a broken spirit; a broken and contrite heart, O God, thou shall not despise.

18. Be gracious unto Zion in thy good pleasure; build thou the walls of Jerusalem.
19. Then shalt thou be pleased with the sacrifice of righteousness, with burnt-offerings and oblations; then shall they offer young bullocks upon thine altar.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (x3)
Lord, have mercy. (x3)

TROPARIA

If TWO troparia:

[First Troparion]

Glory to the...

[Second Troparion]

Now and ever...

If ONE Troparion:

Glory to the...

[Troparion]

Now and ever...

[And then] O Theotokos, thou art the true vine, that has budded forth the fruit of life. We pray thee, O Lady, intercede together with the Holy Apostles and all the saints, that mercy may be granted to our souls.

Blessèd be the Lord God: blessèd be the Lord from day to day, and may the God of our salvation prosper us, for He is our God, the God of salvation.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (x3) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O most-holy Trinity: have mercy on us. Lord: cleanse us from our sins. Master: pardon our transgressions. Holy One: visit and heal our infirmities, for Thy name's sake. Lord, have mercy. (x3) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and

forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

The KONTAKION is read here. And then...

Lord, have mercy. (x40)

Thou Who at every season and every hour, in heaven and on earth, art worshipped and glorified; O Christ our God, Who art long-suffering, merciful and compassionate; Who lovest the just and showest mercy upon the sinner; Who callest all to salvation through the promise of blessings to come: O Lord, in this hour receive our supplications, and direct our lives according to Thy commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil and distress. Compass us about with Thy holy Angels, that guided and guarded by them, we may attain to the unity of the faith and to the knowledge of Thine unapproachable glory, for Thou art blessed unto ages of ages. Amen.

Lord, have mercy. (x3) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

More honorable than the cherubim, and more glorious beyond compare than the seraphim, without corruption thou gavest birth to God the Word, true Theotokos, we magnify thee.

O Lord, bless. Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

O God, the Master, Father Almighty, O Lord Jesus Christ, the Only-begotten Son, and Thou, O Holy Spirit, one God-head, one Power, have mercy upon me a sinner, and according to Thy divine judgment save me, Thine unworthy servant: for blessed art Thou unto ages of ages. Amen.

THE SIXTH HOUR

During Paschaltide, chant Christ is Risen three times instead of Come Let us Worship.

Come, let us worship God our King!

Come, let us worship and fall down before Christ, our King and our God!

Come, let us worship and fall down before Christ Himself, our King and our God!

PSALM 53

SAVE me, O God, for thy Name's sake, and avenge me in thy strength.

2. Hear my prayer, O God, and hearken unto the words of my mouth.
3. For strangers have risen up against me, and tyrants, who have not God before their eyes, seek after my soul.
4. Behold, God is my helper; the Lord is with them that uphold my soul.
5. He shall reward evil unto mine enemies; destroy them in thy truth.
6. A free-will offering will I give thee, and praise thy Name, O Lord, for it is good.
7. For he has delivered me out of all my trouble, and mine eye has looked upon mine enemies.

PSALM 54

HEAR my prayer, O God, and hide not from my petition.

2. Take heed unto me, and hear me, how I have sorrowed and mourned in prayer.
3. The enemy raises a shout; the ungodly comes upon me quickly; for they cast iniquity upon me and in wrath they hate me.
4. My heart is disquieted within me, and the fear of death is fallen upon me.
5. Fearfulness and trembling are come upon me, and a horrible dread has overwhelmed me.
6. And I said, "I wish I had wings like a dove, for then I would fly away and be at rest."
7. Lo, then I would fly to a faraway land and remain in the wilderness.
8. I await my God who will save me from the stormy wind and tempest.
9. Destroy their tongues, O Lord, and divide them for I have seen unrighteousness and strife in the city.
10. Day and night they roam within her walls; mischief and sorrow are within.
11. Wickedness abides, deceit and guile remain in her streets.

12. For it is not an enemy who has done me wrong, for then I could have endured it. Neither was it he who hates me that enlarged himself against me; for then perhaps I could have hid myself from him.
13. But it was thou, my companion, my guide, and my familiar friend.
14. We took sweet counsel together, and walked in the house of God as friends.
15. Let death come hastily upon them, and let them go down into hades alive. For wickedness is in their dwellings and all around them.
16. As for me, I will call upon God, and the Lord shall save me.
17. Evening, morning, and at noon I will pray, and he shall hear my voice.
18. It is he who has delivered my soul in peace from the battle set against me - for there were many with me.
19. The God who endures forever shall hear me, and shall bring them down. For they refuse to repent and have no fear of God.
20. The enemy laid his hands upon those who were at peace with him; he broke his covenant.
21. The words of his mouth were smoother than butter, but war was in his heart; his words were smoother than oil, and yet they are drawn swords.
22. Cast thy burden upon the Lord, and he shall nourish thee; he shall never allow the righteous to fall and stay down.
23. And as for my enemies, O God, thou shalt cast them into the pit of destruction. The blood-thirsty and deceitful men shall not live out half their days. But I will trust in thee, O Lord.

PSALM 90

HE THAT DWELLS in the secret place of the most High shall abide under the shadow of the Almighty.

2. I will say unto the Lord, "Thou art my hope, and my stronghold, my God;" in him will I trust.
3. For he shall deliver thee from the snare of the hunter, and from the deadly plague.
4. He shall defend thee under his wings, and thou shalt be safe under his feathers; his faithfulness and truth shall be thy shield and buckler.
5. Thou shalt not be afraid of any terror at night, nor of the arrow that flies by day;

6. Nor of the evil that walks in darkness, or of the demon that destroys in the noon-day.
7. A thousand shall fall beside thee, and ten thousand at thy right hand, but it shall not come near thee.
8. Yea, with thine eyes shalt thou behold the reward of the ungodly.
9. For thou, O Lord, art my hope; my soul, has made the Most High her refuge.
10. In that refuge no evil will find thee, nor will any plague come near thy dwelling.
11. For he shall give his angels charge over thee, to keep thee in all thy ways.
12. They shall bear thee in their hands, lest thou dash thy foot against a stone.
13. Thou shalt tread upon the lion and the serpent; the young lion and the dragon shalt thou trample under thy feet.
14. Because he has set his love upon me, therefore will I deliver him; I will raise him up, because he has known my Name.
15. He shall call upon me, and I will hear him; indeed, I am with him in trouble; I will deliver and honor him.
16. With long life will I satisfy him, and show him my salvation.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (x3)

Lord, have mercy. (3)

TROPARIA

If TWO troparia:

[First Troparion]

Glory to the...

[Second Troparion]

Now and ever...

If ONE Troparion:

Glory to the...

[Troparion]

Now and ever...

[And then] As there is no boldness in us because of the multitude of our sins, do thou, O Virgin Theotokos, intercede with the Son Whom thou hast borne, for the entreaty of a mother has great power to win the favor of the Master. Despise not, O all-

venerable Lady, the prayers of sinners, for He Who took upon Himself to suffer for our sake is merciful and strong to save.

Let Thy tender mercies, O Lord, speedily go before us, for we are become exceeding poor. Help us, O God of our salvation, for the glory of Thy name: O Lord, deliver us and purge away our sins, for Thy name's sake.

Holy God, Holy Mighty, Holy Immortal, have mercy on us! (x3)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O most-holy Trinity: have mercy on us. Lord: cleanse us from our sins. Master: pardon our transgressions. Holy One: visit and heal our infirmities, for Thy name's sake.

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Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

The KONTAKION is read here, and then...

Lord, have mercy. (x40)

Thou Who at every season and every hour, in heaven and on earth, art worshipped and glorified; O Christ our God, Who art long-suffering, merciful and compassionate; Who lovest the just and showest mercy upon the sinner; Who callest all to salvation through the promise of blessings to come: O Lord, in this hour receive our supplications, and direct our lives according to Thy commandments. Sanctify our

souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil and distress. Compass us about with Thy holy Angels, that guided and guarded by them, we may attain to the unity of the faith and to the knowledge of Thine unapproachable glory, for Thou art blessed unto ages of ages. Amen.

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Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

More honorable than the cherubim, and more glorious beyond compare than the seraphim, without corruption thou gavest birth to God the Word, true Theotokos, we magnify thee.

O Lord, bless.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

O God, the Lord of Hosts, and Author of all creation, Who in Thine ineffable tender mercy hast sent down Thine Only-begotten Son, Our Lord Jesus Christ, for the salvation of our kind, and through His Holy Cross hast torn up the handwriting of our sins and thereby triumphed over the princes and dominions of darkness: do Thou, O Master, Who lovest mankind, accept these prayers of thanksgiving and supplication even from us sinners, and deliver us from every deadly and dark transgression and from all the visible and invisible enemies that seek to do us harm. Nail our flesh with the fear of Thee, and let not our hearts incline to evil words or thoughts, but wound our souls with Thy love, that ever gazing upon Thee, guided by Thy light and beholding Thee, the eternal Light that no man can approach, we may send up unceasing praises and thanks unto Thee, the Father without beginning, together with Thine Only-begotten Son and Thy most holy, good, and life-giving Spirit, now and ever, and unto ages of ages. Amen.

THE TYPIKA

Many parts of this service overlap with content from the Divine Liturgy. If you know the melodies or have the music, feel free to sing the different section. If not, simply chanting or reading them is appropriate as well. STS Press' A Common Book of Church Hymns: Divine Liturgy has much of the music.

PSALM 102

Bless the Lord, O my soul. Blessed art Thou, O Lord.

Bless the Lord, O my soul, and all that is within me, bless His holy name.

Bless the Lord, O my soul, and forget not all His benefits,

Who forgives all thine iniquities, Who heals all thy diseases,

Who redeems thy life from the Pit, Who crowns thee with steadfast love and mercy,

Who satisfies thee with good as long as thou livest so that thy youth is renewed like the eagle's.

The Lord works vindication and justice for all who are oppressed.

He made known His ways to Moses, His acts to the people of Israel.

The Lord is compassionate and merciful, long suffering and of great goodness.

He will not always chide, nor will He keep his anger forever.

He does not deal with us according to our sins, nor requite us according to our iniquities.

For as high as the heavens are above the earth, so great is His steadfast love toward those who fear Him;

As far as the east is from the west, so far does He remove our transgressions from us.

As a father pities His children, so the Lord pities those who fear Him.

For He knows our frame: He remembers that we are dust.

As for man, his days are like grass: he flourishes like a flower of the field.

For the wind passes over it, and it is gone; and its place knows it no more.

But the steadfast love of the Lord is from age to age upon those who fear Him, and
His righteousness to children's children,
To those who keep His covenant, and remember His commandments, to do them.
The Lord has established His throne in the heavens; and His Kingdom rules over all.
Bless the Lord, ye His angels, ye mighty ones who do His word, hearkening to the
voice of His word.
Bless the Lord, all His hosts; His ministers who do His will.
Bless the Lord, all His works, in all places of His dominion: bless the Lord, O my soul.
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto
ages of ages. Amen.
Bless the Lord, O my soul, and all that is within me, bless His holy name. Blessed art
Thou, O Lord.

PSALM 145

Glory to the Father, and to the Son, and to the Holy Spirit.
Praise the Lord, O my soul!
I will praise the Lord as long as I live; I will sing praises to my God while I have being.
Put not your trust in princes, in sons of men, in whom there is no salvation.
When his breath departs he returns to his earth; on that very day his plans perish.
Blessèd is he whose help is the God of Jacob, whose hope is in the Lord his God,
Who made heaven and earth, the sea, and all that is in them;
Who keeps faith forever; who executes justice for the oppressed; who gives food to the
hungry.
The Lord sets the prisoners free; the Lord opens the eyes of the blind.
The Lord lifts up those who are bowed down; the Lord loves the righteous.
The Lord watches over the sojourners, He upholds the widow and the fatherless; but
the way of the wicked He will bring to ruin.
The Lord shall reign forever, thy God, O Zion, to all generations.

Now and ever, and unto ages of ages. Amen.

ONLY-BEGOTTEN SON

Only-begotten Son and immortal Word of God, Who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, Who without change didst become man and wast crucified, O Christ our God, trampling down death by death, Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THE BEATITUDES

In Thy kingdom remember us, O Lord, * when Thou comest in Thy kingdom.
Blessed are the poor in spirit, * for theirs is the kingdom of heaven.
Blessed are those who mourn, * for they shall be comforted.
Blessed are the meek, * for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, * for they shall be filled.
Blessed are the merciful, * for they shall obtain mercy.
Blessed are the pure in heart, * for they shall see God.
Blessed are the peacemakers, * for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness' sake, * for theirs is the kingdom of heaven.
Blessed are you, when men shall revile you, and persecute you, * and shall say all manner of evil against you falsely, for my sake.
Rejoice, and be exceedingly glad, * for great is your reward in heaven.

EPISTLE AND GOSPEL

The Prokeimenon in the ____ Tone:

And the Prokeimenon according to the established order. At its conclusion:

The Reading from ____.

And the Epistle is read. At its conclusion:

In the ____ Tone: AL-LE-LU-IA!

The Alleluia are sung with verses according to the established order. And then...

The reading from the Holy Gospel according to Saint ____.

Sing: Glory to Thee, O Lord, glory to Thee!

The Gospel is then read. At its conclusion:

Sing: Glory to Thee, O Lord, glory to Thee!

Read: Remember us, O Lord, when Thou comest in Thy Kingdom. Remember us, O Master, when Thou comest in Thy Kingdom. Remember us, O Holy One, when Thou comest in Thy Kingdom.

The heavenly choir hymns Thee and cries: Holy, Holy, Holy, Lord God of Hosts. Heaven and earth are full of Thy glory. Come unto Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir hymns Thee and cries: Holy, Holy, Holy, Lord God of Hosts. Heaven and earth are full of Thy glory. Glory to the Father, and to the Son, and to the Holy Spirit.

The Choir of Holy Angels and Archangels, with all the powers of heaven, sing Thy praises and cry: Holy, Holy, Holy, Lord God of Hosts. Heaven and earth are full of Thy glory. Now and ever, and unto ages of ages. Amen.

THE CREED

I believe in One God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord, Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried. And the third day He rose again, according to the Scriptures, and ascended into Heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead, Whose Kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by

the prophets. In one Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the world to come. Amen.

Loose, remit, pardon, O God, our transgressions, voluntary and involuntary; whether of word or of deed, whether of knowledge or of ignorance; whether of the day or of the night; whether of the mind or of the intention: Forgive us all, for Thou art good and lovest mankind.

Our Father, Who art in Heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

The KONTAKIA are sung here as prescribed. And then...

Lord, have mercy. (x12)

All-holy Trinity, Might one in essence, Kingdom undivided, Origin of all good things, be graciously inclined also unto me a sinner. Establish Thou me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore Thee, and say: Thou only art holy, Thou only art the Lord, O Jesus Christ, in the glory of God the Father. Amen.

THE RECEPTION OF HOLY WATER

Everyone who is about to receive should pray this together.

O Lord my God, may thy gift of holy water be for the remission of my sins, for the enlightenment of my mind, for the strengthening and health of the faculties of my soul and body, and for the uprooting of my passions and infirmities, in accordance with

thy boundless mercy, through the prayers of thy most pure Mother and of all thy saints. Amen.

Partake of holy water, thanking God for His gifts and grace.

Blessèd be the name of the Lord, henceforth and forevermore. (x3)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

PSALM 33

I will bless the Lord at all times; His praise shall continually be in my mouth.

My soul makes its boast in the Lord; let the afflicted hear and be glad.

O magnify the Lord with me, and let us exalt His name together!

I sought the Lord, and He answered me, and delivered me from all my fears.

Look to Him, and be radiant; so your faces shall never be ashamed.

This poor man cried, and the Lord heard him, and saved him out of all his troubles.

The angel of the Lord encamps around those who fear Him, and delivers them.

O taste and see that the Lord is good! Blessèd is the man who takes refuge in Him!

O fear the Lord, you His saints, for those who fear Him have no want!

The rich suffer want and hunger; but those who seek the Lord lack no good thing.

Come ye children, and hearken to me; I will teach you the fear of the Lord.

What man is he who desires to live, and would gladly see good days?

Keep thy tongue from evil, and thy lips that they speak no guile.

Shun evil, and do good; seek peace, and pursue it.

The eyes of the Lord are over the righteous, and His ears are open to their prayers.

But the face of the Lord is against the evil, to root them out of the earth.

The righteous cried, and the Lord heard them, and delivered them out of all their troubles.

The Lord is nigh to those who are repentant, and will save the humble in spirit.

Many are the troubles of the righteous, but the Lord delivers them out of all.

The Lord keeps all their bones; not one of them shall be broken.

The death of sinners is evil, and those who hate the righteous shall do wrong.

The Lord will deliver the souls of His servants, and all those who put their trust in Him shall do no sin.

DISMISSAL

More honorable than the Cherubim and more glorious, beyond compare, than the Seraphim, without corruption thou gavest birth to God the Word; true Theotokos, we magnify thee.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Lord, have mercy. (x3)

O Lord, bless.

Through the prayers of our holy Fathers, of ____ (Saint(s) of the day) and ____ the patron saint of this (church or household), and of all the Saints, O Lord Jesus Christ our God, have mercy on us. Amen.

END NOTES

It is a pious practice in some monasteries that do not have a priest to treat the partaking of Holy Water at Typika as if they were receiving the Eucharist. In other words, they fast, complete their pre-communion prayer rule, and chant the post-communion prayers afterward. The extent that each person wants to follow such a fasting and prayer rule is between them and the Lord, but I think it is a good and beneficial practice.

Original text provided by Rdr. Philip Sokolov. Edits and instructions added by Sbdn. Jeremiah McKemy.

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